






STUDY PLANNER FOR NEET

PHASE 2



Last 1 Month Study Planner for NEET Phase 2

With just one month left for NEET Phase 2, candidates should channelize their efforts in the right direction. In last one month of the exam, students should focus more on revision and paper solving/mock tests. With the below expert created study planner, make yourself exam ready. Get Set Go!

	<p>Do's in Last 1 Month</p> <ul style="list-style-type: none">✓ Devote 3 hours for Physics, Chemistry & Biology✓ Solve at least 5 full length tests of PCB.✓ Take study breaks at frequent intervals to stay fresh & motivated	<p>Don'ts in Last 1 Month</p> <ul style="list-style-type: none">✗ Don't take up new topic at the last moment✗ Don't refer too many books. Stick to selected 2-3 books✗ Don't stick to 1 subject per day. Bifurcate equal time for PCB
<p>Studying at a stretch for 9 hours is not possible; it may lead to tiredness and may even reduce our interest level. One should take study breaks at frequent intervals, preferably after every 3 hours.</p>		
	<p>Recommendations:</p> <ul style="list-style-type: none">✓ Get 8-9 hours of sleep nightly (especially before final exams)✓ Try to study during periods of optimal brain function (usually morning or evening)✓ Avoid studying in early afternoons, usually the time of least alertness✓ Don't overuse caffeinated drinks (caffeine remains in one's system for 6-8 hours)✓ Long sleep deprivation may contribute to development of long-term diseases like diabetes, high blood pressure and heart disease.	



Day	<h2 style="text-align: center;">Week 1</h2> <h3 style="text-align: center;">DO OR DIE CHAPTERS (Must Study!)</h3>		
	Physics (3 Hours per day)	Chemistry (3 Hours per day)	Biology (3 Hours per day)
	Chapters	Chapters	Chapters
1	Current Electricity	Chemical Bonding And Molecular Structure	1) The Living World 2) Biological Classification
2	1) Moving charges and magnetism 2) Magnetism and matter	Chemical Kinetics	1) Morphology In Flowering Plants 2) Anatomy of Flowering Plants
3	1) Ray optics and optical instrument 2) Wave optics	1) Structure Of Atom 2) Chemical Bonding And Molecular Structure	1) Sexual Reproduction In Flowering Plants 2) Transport In Plants
4	1) Wave optics 2) Semiconductor Electronics, material devices and simple circuits	Thermodynamics	1) Photosynthesis in higher plants 2) Respiration In Plants
5	Units and measurement	Coordination Compounds	1) Ecosystem 2) Principles Of Inheritance And Variation
6	Kinetic theory of gases	1) Solutions 2) Thermodynamics	1) Cell : The unit of life 2) Animal Kingdom
7	Do 350 sums in total for physics for the topics studied in this week	1) Biomolecules 2) Chemical Kinetics	1) Cell cycle and Cell Division 2) Structural Organization In Animals



<h2 style="margin: 0;">Week 2</h2> <h3 style="margin: 0;">MOST IMPORTANT CHAPTERS</h3>			
Day	Physics (3 Hours per day)	Chemistry (3 Hours per day)	Biology (3 Hours per day)
	Chapters	Chapters	Chapters
1	1) Electric Charges and field 2) Electric potential and capacitance	1) Classification Of Elements And Periodicity 2) s-Block Elements (Alkali And Alkaline Earth Metals)	1) The Living World 2) Evolution
2	1) Oscillation 2) Waves	d and f Block Elements	1) Molecular Basis Of Inheritance 2) Biological Classification
3	1) System of particle and Rotational motion 2) Current Electricity	p-Block Elements	1) Sexual Reproduction In Flowering Plants 2) Morphology In Flowering Plants
4	1) Dual nature of radiation and matter 2) Magnetism and matter	1) Redox Reactions 2) s-Block Elements (Alkali And Alkaline Earth Metals)	1) Biotechnology Principles and Processes 2) Biotechnology and Its Applications
5	1) Work energy and power 2) Ray optics and optical instrument	1) Equilibrium 2) Hydrogen	1) Anatomy of Flowering Plants 2) Transport In Plants
6	1) Gravitation 2) System of particle and Rotational motion	1) Hydrogen 2) Organic Chemistry - Some Basic Principles And Techniques	1) Photosynthesis in higher plants 2) Plant Kingdom
7	1) Moving charges and magnetism 2) Do 400 sums in total for physics for the topics studied in this week	1) Hydrocarbons 2) Haloalkanes And Haloarenes	1) Environmental Issues 2) Respiration In Plants



Day	Week 3 IMPORTANT CHAPTERS		
	Physics (3 Hours per day) Chapters	Chemistry (3 Hours per day) Chapters	Biology (3 Hours per day) Chapters
1	1) Thermal Properties of matter 2) Thermodynamics	1) Classification Of Elements And Periodicity 2) Haloalkanes And Haloarenes	1) Principles Of Inheritance And Variation 2) Ecosystem
2	1) Motion in straight line and Motion in plane 2) Electric Charges and field	Aldehydes, Ketones and Carboxylic Acids	1) Environmental Issues 2) Plant Kingdom
3	1) Electromagnetic Induction 2) Kinetic theory of gases	Alcohols, Phenols and Ethers	1) Cell : The unit of life 2) Cell cycle and Cell Division 3) Animal Kingdom
4	1) Alternating Current 2) Electric potential and capacitance	Organic Compounds Containing Nitrogen	1) Structural Organization In Animals 2) Evolution
5	1) Atoms 2) Oscillation	1) Polymers 2) Aldehydes, Ketones and Carboxylic Acids	1) Molecular Basis Of Inheritance 2) Biotechnology Principles and Processes 3) Biotechnology and Its Applications
6	1) Nuclei 2) Dual nature of radiation and matter	1) Surface Chemistry 2) Alcohols, Phenols and Ethers	1) Human Reproduction 2) Reproduction in organisms
7	Do 400 Questions in total for physics for the topics studied in this week	1) Some Basic Concepts Of Chemistry 2) Organic Compounds Containing Nitrogen	1) Neural Control And Coordination 2) Chemical Control And Integration



Day	Week 4		
	LESS IMPORTANT CHAPTERS		
	Physics (3 Hours per day) Chapters	Chemistry (3 Hours per day) Chapters	Biology (3 Hours per day) Chapters
1	1) Semiconductor Electronics, material devices and simple circuits 2) Work energy and power	1) Electrochemistry 2) Chemical Kinetics	1) Reproductive Health 2) Human Health Diseases 3) Reproduction in organisms
2	1) Communication Systems 2) Thermal Properties of matter	1) Environmental Chemistry 2) Coordination Compounds	1) Human Reproduction 2) Circulation of Body Fluids
3	1) Mechanical Properties of solids 2) Electromagnetic Induction	1) Solid State 2) Solutions	1) Chemical Control And Integration 2) Digestion And Absorption
4	1) Mechanical Properties of liquids 2) Alternating Current	1) States Of Matter: Gases And Liquids 2) General Principles and Processes of Isolation of Elements	1) Neural Control And Coordination 2) Reproductive Health 3) Human Health Diseases
5	1) Electromagnetic waves 2) Mechanical Properties of solids	1) Biomolecules 2) Chemistry in Everyday life	1) Strategies For Enhancement In Food Production 2) Microbes in Human Welfare
6	1) Thermodynamics 2) Mechanical Properties of liquids	1) d and f Block Elements 2) p-Block Elements	1) Circulation of Body Fluids 2) Digestion And Absorption
7	Do 300 sums in total for physics for the topics studied in this week	1) Hydrocarbons 2) Organic Chemistry - Some Basic Principles And Techniques	1) Biomolecules 2) Strategies For Enhancement In Food Production



Day	Week 5
	LESS IMPORTANT CHAPTERS
	Biology (3 Hours per day) Chapters
1	1) Microbes in Human Welfare 2) Mineral Nutrition
2	1) Plant Growth And Development 2) Breathing And Exchange Of Gases
3	1) Excretory Products And Their Elimination 2) Biodiversity And Conservation
4	1) Movement and Locomotion 2) Organisms And Populations

Day	Week 5
	TAKE FULL LENGTH TESTS
5	Take 2 Full length tests of Physics, Chemistry and Biology
6	Take 1 Full length test for Physics, Chemistry and Biology
7	Take 2 Full length test for Physics, Chemistry and Biology



IMPORTANT REFERENCE MATERIALS

• Physics

Text Books:

1. Concepts of Physics Authored by H.C. Verma.
2. Principle of Physics Authored by S. Chand.

Problem Set:

1. Complete NEET Guide Physics by MTG Publications.
2. Crack CBSE AIPMT/ NEET Medical Entrance by Disha Publications.
3. 28 Years chapter-wise solutions of CBSE AIPMT Physics (English) by Arihant Publication.

• Chemistry

Text Books:

1. Modern's ABC of Chemistry for class 11th and 12th (Volume I and II)
2. New Pattern Chemistry (3 Set) Authored by R. K. Gupta

Problem Set:

1. Trueman guide too Chemistry
2. Complete NEET Guide Chemistry by MTG Publications.
3. 28 Years chapter-wise solutions of CBSE AIPMT Chemistry (English) by Arihant Publication.

• Biology

Text Books:

1. Trueman's Elementary Biology, Vol I and II
2. Exploring Biology for Medical Entrances

Problem Set:

1. Trueman's Objective Biology for Medical Entrance Examinations (Set of 2 Volumes) (English) 2016 Edition
2. NCERT Extract – Objective Biology for Class 11 & 12,

• StudMonk – The Mobile App

[StudMonk – Prepare on the go!](#) is an Android Application that helps students prepare for entrance examinations anytime anywhere. This learning app gives you the freedom to create your own test, provides comprehensive test result with detailed solutions, offers tool for performance tracking, option to bookmark important points for future reference. The most interesting feature of this app is you can also study without the internet.

• Monksays – The Blog

[Monksays – The Learner's Space](#) is a blog by StudMonk that provides complete information about engineering & medical entrance examination in India. It offers preparation tips & strategies, admission guidance, career assistance and a list of top medical and engineering courses and colleges in India. Visit this blog and get everything you need to clear the exam here!



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